



PRESS RELEASE

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YMCA INTRODUCES NEW YOUTH PROGRAMS FOR WINTER!

GREENVILLE, OH (January 31, 2008) – The YMCA of Darke County has a wide variety of classes and programs available for kids of all ages in Greenville this winter.

Indoor soccer will be available for boys and girls in Preschool through 4th grade. The Preschool/Kindergarten and 1st/2nd grade programs will teach the basic fundamentals of soccer. Players will learn passing, dribbling and shooting. Participants will be able to showcase their new skills during a scrimmage following their weekly practice. These classes meet on Monday evenings. Preschool/Kindergarten is from 5:30-6:15 pm and 1st/2nd grade is from 6:15-7:00 pm. Maximum enrollment for each class is 20 children. The 3rd & 4th grade program continues to work on the fundamentals of soccer but will place additional emphasis on actually playing the game. Player positions and responsibilities as well as teamwork will be the focus. This program is great for the child who already has a basic understanding of the sport of soccer! The 3rd & 4th grade program will meet on Wednesday evenings from 5:30-6:30 pm.

Spring is right around the corner and that means tennis weather! The YMCA Greenville Facility will be offering two tennis programs this Winter. Beginner's tennis is for boys and girls 8-15 years old who have little or no tennis experience. Students will learn the fundamentals of proper grip, stance and groundstrokes, as well as basic rules and game play. Intermediate tennis is for boys and girls ages 8 to 17 with some tennis experience. Students will improve basic skills and fundamentals as well as learn advanced skills and game strategies. Tennis lessons will be offered on Saturday mornings. Beginners will meet from 9:30-10:30 am and Intermediate students will meet from 10:45-11:45 am.

Monday may mean back to school but it now also means come to the YMCA for Monday Mania! Start your week off right with an hour of crazy gym games like Dodgeball, capture the chicken, SPUD, kickball, and much much more! This program is for any boy or girl in 1st through 4th grades. Don't miss all of the fun! Sign up today!

The YMCA of Darke County also offers Youth Fitness classes such as Yoga, Indoor Cycling, Zumba, Teen Strength Training, and Intro to Ballet/Acrobats. Progressive swim lessons and gymnastics are also available for boys and girls of all ages.

Members may register for programs beginning on Monday, February 11. All others may register on Thursday, February 14. Stop by the YMCA or visit www.ymcadarkecounty.org for more details.

The YMCA of Darke County is a non-profit membership association of over 5,800 members with facilities in Greenville and Versailles. The mission of the YMCA of Darke County is to develop the whole person –

spirit, mind and body – through character development programs that reinforce Christian principles and that build strong kids, strong families and strong communities.

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